

PSHE / RSE Long Term Plan

Term	Unit
Autumn Year A	<p>Citizenship Cycle A: Recycling / Reusing, Local council and democracy, Rules, Rights of the child, What are human rights? Safety Cycle A: Road Safety</p>
Spring Year A	<p>LKS2 1.4.1 Life Cycles LKS2 1.4.2 A Time for Everything LKS2 2.2.1 Family, Friends and Others LKS2 2.2.2 When Things Feel Bad</p>
Summer Year A	<p>LKS2 1.2.1 We Don't Have To Be The Same LKS2 1.2.2 Respecting Our Bodies LKS2 1.2.3 What is Puberty? Year 4 only LKS2 1.2.4 Changing Bodies Year 4 only LKS2 2.3.1 Sharing Online LKS2 2.3.2 Chatting Online LKS2 2.3.3 Safe In My Body LKS2 2.3.4 Drugs, Alcohol and Tobacco LKS2 2.3.5 First Aid Heroes</p>
Autumn Year B	<p>LKS2 1.1.1 Get Up! LKS2 1.1.2 The Sacraments LKS2 2.1.1 Jesus, My Friend Health and Wellbeing Cycle A:Celebrating Mistakes My Happiness</p>
Spring Year B	<p>LKS2 1.3.1 What Am I Feeling? LKS2 1.3.2 What Am I Looking At? LKS2 1.3.3 I Am Thankful! Citizenship Cycle B: Diverse Communities Health and Wellbeing Cycle B: Resilience: breaking down problems Emotions</p>
Summer Year B	<p>LKS2 1.2.3 What is Puberty? Year 4 only LKS2 1.2.4 Changing Bodies Year 4 only LKS2 3.1.1 A Community of Love LKS2 3.1.2 What is the Church? LKS2 3.2.1 How Do I Love Others? Economic Wellbeing Cycle A: Spending Choices Budgeting Jobs and Careers Jobs for me</p>